

MIND DISTORTION: THE EFFECT OF METAL MUSIC
ON THE BEHAVIOR OF ADOLESCENTS

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ABSTRACT

This survey study aimed to determine the effects of metal music on adolescents when taken as an entire group or when grouped according to sex, educational level, and level of exposure. The participants of this study were 67 randomly selected members of the major Ilonggo music productions, namely Horns Up Productions and Iloilo Rock Community. A researcher-made questionnaire duly validated and reliability tested was used. Statistical tools used were the frequency count, means and standard deviation for descriptive analysis. Results showed that, more than half of the respondents were male and were in college. The participants were mostly exposed to metal music for 4 hours and beyond. They were poorly influenced emotionally when grouped according to sex, educational level, and level of exposure. However, the respondents were slightly influenced physically and behaviorally after being classified into gender, educational level, and level of exposure.