

BENEFICIAL OR INIMICAL: THE EFFECTS OF SMARTPHONE USE AMONG  
SENIOR HIGH SCHOOL STUDENTS IN THE THREE SELECTED  
HIGH SCHOOLS IN ILOILO CITY

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**ABSTRACT**

The study was conducted to determine the effects of smartphone use among the 120 senior high school students in the three selected high schools in Iloilo City. Specifically this study answered the following objectives (1) determine the demographic characteristics of the respondents according grade level, sex, school and time spent in using smartphone (2) to know the positive effects of smartphone use among senior high school students in the three selected high schools in Iloilo City (3) to know the negative effects of smartphone use among senior high school students in the three selected high schools in Iloilo City (4) to determine the difference in the level of perceptions of the senior high school students in the three selected high schools in Iloilo City taken as a whole and when classified according to grade level, sex, school and time spent using smartphone. This research study used a validated researcher-made questionnaire as its instrument and survey as its method. For the respondents' demographic characteristics, it was concluded that (1) there was an equal distribution of grade 11 and grade 12 respondents (2) most of the respondents were females (3) there was an equal distribution of respondents as to school (4) most of the respondents used their smartphones five hours per day. After a thorough evaluation based from the findings of

the conducted survey, this research study revealed that (1) first top three positive effects of smartphone use as perceived by the respondents and illustrated that mostly all of them used smartphones: first, to look something on the internet; second, to communicate with friends and families; and third, to listen to music and to use the phone's built-in applications. (2) the first top three effects of smartphone use as perceived by the respondents are: first, they were being scolded by their parents when they used their smartphone; second, eating late during meals and; third, they become more dependent on their smartphones every now. When determined the significant difference on the level of perception if classified according to grade level, sex, school and time spent using smartphone (1) the level of perceptions towards smartphone use of the respondents were all beneficial to grade level, sex, school and time spent using the said medium. (2) when taken as a whole, all of the respondents' perception towards smartphones use was beneficial.