

**WORKLOAD, WORK ENVIRONMENT AND CAREER INTENTION AMONG STAFF
NURSES IN TERTIARY PRIVATE HOSPITALS IN ILOILO CITY**

**A Thesis
Presented to
The Faculty of the School of Graduate Studies
Central Philippine University
Iloilo City**

**In Partial Fulfillment
of the Requirements for the Degree
MASTER OF ARTS IN NURSING**



**LORRAINE LIZ S. ORTEGA
JUNE 2022**

WORKLOAD, WORK ENVIRONMENT AND CAREER INTENTION AMONG STAFF NURSES INTERTIARY PRIVATE HOSPITALS IN ILOILO CITY

LORRAINE LIZ S. ORTEGA, RN

ABSTRACT

This study is conducted to determine workload, work environment and career intention among staff nurses in tertiary private hospitals in Iloilo City. A descriptive method using the one-shot survey design was utilized. The respondents were purposively picked according to the set criteria. A total of 70 participants who consented and took part in the study. Data were gathered using a self-administered questionnaire which was validated by experts and passed the reliability test. Part 1 was composed of socio-economic of the respondents such as age, sex, marital status, educational attainment, employment status, monthly income and years of working experience . Part 2 consisted of workload, and work environment. Part 3 was all about career intentions of staff nurses, whether they had career shift, career break and post graduate studies. With 10-item questions about workload and another 10 questions about work environment. The data gathered were analyzed using statistical package for the social sciences (SPSS). Frequency distribution, percentages and mean were utilized to present descriptive measure.

Clinical experience and continuing education such as post graduate studies are needed in order to improve skills of nurses and give them more job opportunities. Regardless of where they are in their nursing careers, it creates the groundwork for lifelong learning and professional development.

Patient safety outcomes are brought about by nurse staffing numbers, nurse education levels, and a healthy workload and environment for nurses. Nurse Managers

and Hospital Administrators have a significant role in making these possible for their staff. Despite the challenges brought by the unhealthy working environment and high workload demand, Filipino nurses stood up high in maintaining professionalism towards their work.