

Lived Experiences of Teenage Mothers

A Thesis

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ABSTRACT

This research delves into the experiences of teenage pregnancy among adolescents through qualitative methods, including interviews and focus groups with teenage mothers. The findings reveal various challenges, including social, emotional, economic, and health-related issues, symbolized by the concept of "Budlay." Themes such as abandonment, regrets, and rebuilding emerged, highlighting the impact of parental absence, feelings of loss, and the importance of supportive networks. Anxiety during the postpartum period also featured prominently. The study underscores the need for interventions and support systems to address the well-being of teenage mothers and their children, considering societal stigma, familial dynamics, educational disruptions, financial strain, coping mechanisms, and aspirations for the future.